

clue to how i feel



The flower, with its ephemeral fragrance,
is made of the four elements.
Your eyes shining with love,
are also made of the four elements.

-Tru Vu

project description

How do I know that I feel _____?

sad,
happy,
calm,
angry,
lonely,
agitated,
full,
etc.

I want to connect with myself.

I want to recognize my feelings throughout my body.

I want to see myself.

I want to accept myself.

clue to how i feel is _____.

an interactive installation,
inviting,
immersive,
warm,
calming,
and introspective.

clue to how i feel will take up the entirety of the space. The floor will be covered in yellow carpeting, the walls will be covered in billowed yellow felt, the ceiling will be covered with a simple, abstract, yellow water color sculpture, the entrances will be screened with embroidered yellow lace, and the lighting will be provided by fluorescent fixtures with varying yellow gel sleeves. The carpeting, felt, and water color paper will acoustically dampen the space. Depending on the experience of this dampening, I will either add or not add an auditory stimulus. An example of the auditory stimulus can be found at www.alpert.online/cthifauditorystimulus.

Participants will be asked to remove their shoes. I will invite them to interact with the space (sit, stand, or lay wherever they choose). There will be yellow cushions for sitting and laying. On one wall there will be an illuminated cone. Inside of this cone there will be a mirror. Participants are invited to sit on an accompanying stool and gaze at themselves through this cone. The cone will surround their face with yellow light. Seeing one's own face (how the muscles tense and relax, and how the eyes focus) can help to create a better sense of moment to moment understanding of one's self.

Additionally, there will be writings by both myself and others printed on yellow paper brochures that respond to the installation. I will invite specific people(s) to submit writing for this installation, and I will be accepting submissions through a corresponding website, www.alpert.online/cluetohowifeel. An unlinked version of this website is live. You may visit it and make a submission.

I feel that it is important to iterate that this is a proposal. I am very much so open to discussion and input. In fact, I invite it.

installation components (partial)

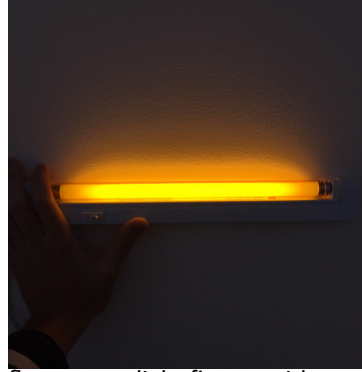
I have finalized most of the installation components (images below). Others will need to be finalized upon acceptance of this proposal. Some of the components will need to be adjusted to meet the specific needs (measurements, etc.) of the space.



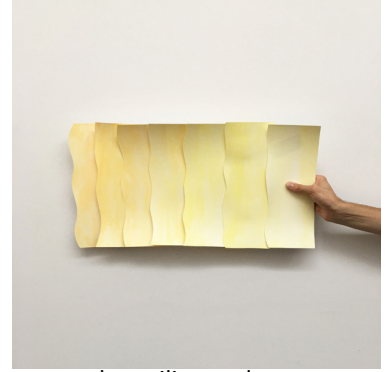
carpet tile



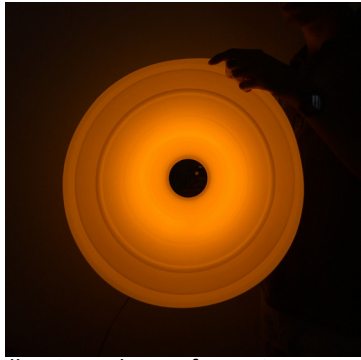
embroidered lace screen for entrances



fluorescent light fixture with yellow gel



watercolor ceiling sculpture (1/10 scale)



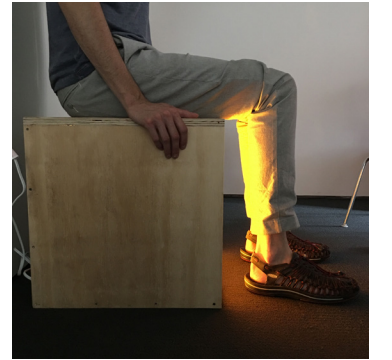
illuminated cone front view



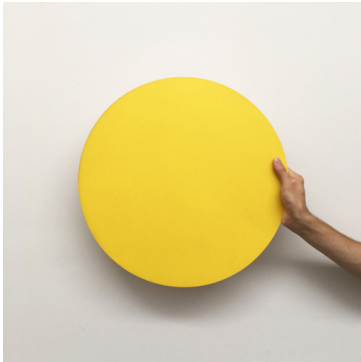
illuminated cone side view



illuminated stool for cone



illuminated stool for cone side view

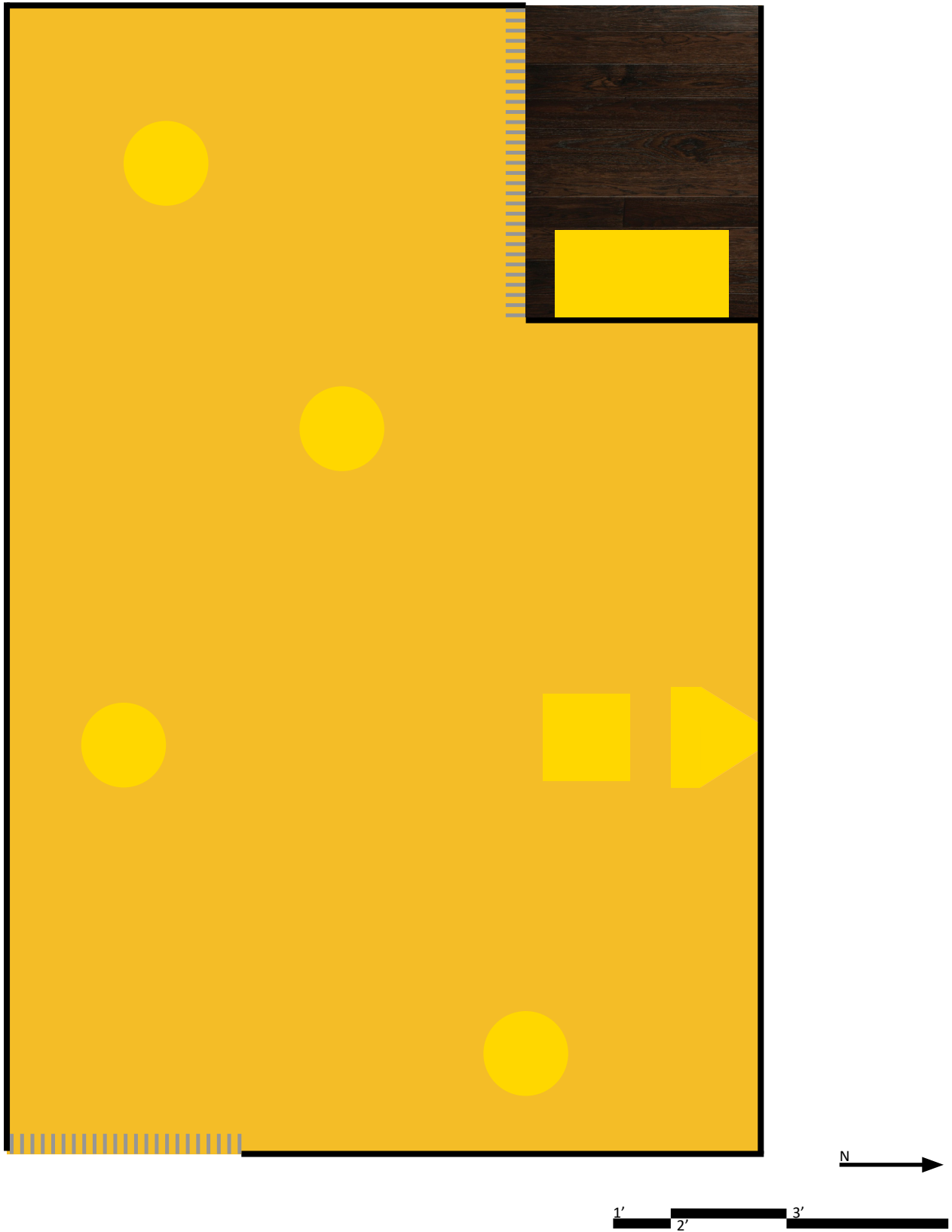


mounting board for cone



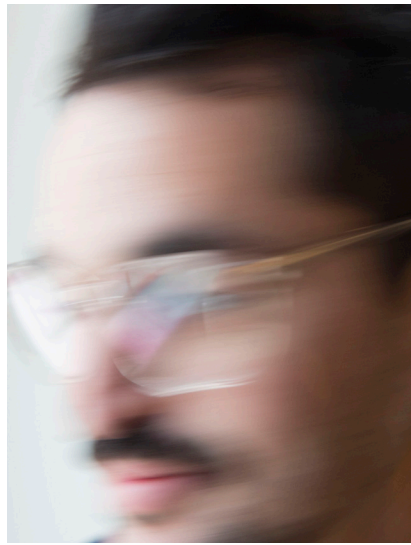
billowed felt wall covering (1/10 scale)

floorplan (see scale below)



key (not to scale)

-  illuminated shoe storage/bench
-  embroidered lace
-  pillow
-  illuminated stool
-  illuminated cone mirror



artist statement

David Alpert is an artist living and working in Kansas City. He likes interactions, connections, and exploring feelings. He believes in listening compassionately to yourself and others. Through a visual dialogue, he promotes and researches his interests and beliefs. He works with interactive installations that use many mediums including photography, sculpture, painting, drawing, mixed-media, online, and writing.

artist biography (b. 1990)

David Alpert's work focuses on interactions. Over the past year, he has focused on interactions through the lens of body centered Gestalt therapeutic practices. He attempts to incorporate his interpretation of these therapeutic practices not only into his artistic work but also into his life in general. His passion for the visual arts and his desire to explore and facilitate these therapeutic practices and interactions helped motivate him to pursue art professionally. Since then he has created an annual writing competition about love, *thismuch.org*, a note passing workshop at the Kansas City Library that uses books to pass the notes, *Passing Notes*, and an interactive installation based on the death and grave sites of his grandparents, *i miss you, I feel _____*. He feels confident in his use of many mediums partly as a result of his diverse educational and professional background that includes but is not limited to collage, printmaking, economics, property management, commercial real estate development, cooking, graphic design, art theory, painting, and art history.

website: www.alpert.online